

# ARAGUTAK SWIMMING POOL SCHEDULE FALL/WINTER 2010

Revised January 18, 2011

\*\*\* For further information, call the swimming pool at 819-929-9481 \*\*\*

\*\*\* To organize special activities outside the schedule, feel free to contact us! \*\*\*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
9:00	Schools and Day Cares									
9:30										
10:00										
10:30										
11:00										
11:30						Aquafitness (11:00-12:00)	Family (10:30-12:30)			
12:00	CLOSED		Pregnant ladies	CLOSED		Adult (12:00-1:30)				
12:30										
1:00	Schools									
1:30										
2:00										
2:30										
3:00										
3:30						Everyone (12:30-3:30)				
4:00	Canoe/kayak for kids (4:00-5:30)		Everyone (4:00-6:00)					Swim team (3:30-5:00)		Adult (3:30-5:00)
4:30										
5:00										
5:30	Family (5:30-7:00)		Adult (6:00-7:00)		Adult (6:00-7:00)		Adult (6:00-7:00)			
6:00										
6:30			Aquafitness (7:00-8:00)		Family (7:00-8:30)		Canoe/kayak for adults (7:00-8:30)		Adult swimming lesson (7:00-8:00)	
7:00	Adult (7:00-8:00)									
7:30			Lifeguard training (8:00-10:00)		Lifeguard training (8:30-10:00)					
8:00										
8:30										
9:00										
9:30										
10:00										
10:30										